

IRAN



Food allergies and intolerances

- please ask a member of our staff for more allergens informations on the ingredients in the food we serve .

Vat is included and a discretionary service charge of 12.5% will be added to your bill

➤ SOUPS (£15.00)

1. LENTIL SOUP Lentils infused with garlic, fried onions and saffron.
2. CHICKEN SOUP Barley, potato, parsley and carrots with shredded chicken and vermicelli.
3. ASH SHOLE GHALAMKAR Hearty beans and rice stew with beef and herbs, topped with onions .
4. ASHE RESHTE Traditional soup with chick peas, parsley, coriander, spinach and noodles.

➤ STARTERS (£12.50)

5. SEASON SALAD (£15.00) Baby gem lettuce, baby spinach, cucumber, tomato and celery
6. SALAD SHIRAZI (£15.00) Finely chopped cucumber, tomatoes and onions mixed with dry mint olive oil
7. TABULEH (£15.00) Finely chopped red peppers, tomatoes, cucumbers, coriander, parsley mint
8. SALAD OLIVIER Persian chicken salad made with eggs, potatoes, and pickled cucumbers
9. PANIR SABZI (£20.00) A colourful plate of fetacheese walnuts and fresh herbs(mint, basil, tarragon)
10. MASTMOOSIR Delicious homemade yoghurt flavoured with chopped shallots
11. MASTKHIAR Finely chopped cucumber and mint mixed with homemade yoghurt
12. MAST BOORANI A medley of spinach and fried onion mixed with thick homemade yoghurt
13. HALIM BADEMJON Cooked aubergine in dry yoghurt with fried onion, mint and olive oil
14. MIRZAGHASEMI Crushed baked aubergine with tomatoes, a touch of garlic, egg and herbs
15. HUMOUS Mashed chick peas blended with tahini, olive oil and lemon juice
16. BABA GHANOUSH A smokey lightly spiced puree made from aubergine, garlic, tahini, olive oil
17. KOKO SABZI A delicious combination of parsley, coriander, eggs and black pepper
18. JAGUR BAGUR Delicious chopped liver, heart, kidney of lamb cooked with onion, pepper
19. DOLMEH BARG MOU Stuffed vine leaves filled with rice, fresh lemon juice and olive oil
20. FUL MADAMES Broad beans with lemon juice, olive oil and spices
21. OLIVES Fresh and delicious sourced locally
22. TORSHI Salted pickles mixed with cucumber, gherkins, carrots, and cauliflower

➤ CAVIAR DISHES (POA)

23. CAVIAR WITH SMOKED SALMON
24. CAVIAR WITH king PRAWNS
25. CAVIAR WITH EGGS

➤ SEAFOOD

{ served with rice and salad }

30. GRILLED SALMON.....£30.00
Salmon marinated in chef's special sauce , served with rice and salad
31. COD.....£30.00
Steamed Fillet of Cod with chunky chips or served with rice and salad
32. SEA BASS.....£40.00
Sea bass marinated in our chef's special sauce , served with rice and salad
33. KING PRAWNS.....£45.00
Marinated in a special sauce , served with rice and salad

➤ CHICKEN DISHES

{ served with rice and salad }

34. CHICKEN KEBAB.....£40.00
Boneless chicken fillet marinated in lemon juice and olive oil, served with rice and salad
35. JOOJEH POUSSIN.....£40.00
Whole baby chicken marinated in lemon juice and olive oil , served with rice and salad
36. JOOJEH KEBAB BAKHTIARI.....£40.00
Grilled baby spring chicken marinated in lemon juice and olive oil, served with rice and salad
37. SULTANI KEBAB{or 2 persons to share £70.00}.....£40.00
Off the bone chicken with a skewer of fine minced lamb, served with rice and salad
38. TACHINE.....£40.00
Persian baked rice with a chicken, saffron and yoghurt filling, served with rice and salad
39. ZERESHK POLO BA MORGH.....£40.00
Saffron chicken , served with barberry rice and salad

➤ **MEAT DISHES**

{ served with rice and salad }

- 40. MIXED GRILL{or 2 persons to share £70.00}.....£40.00**
Combination of succulent marinated chicken fillet, lamb fillet and fine marinated minced lamb kebab
- 41. KEBAB MAKHSOOS{or 2 persons to share £70.00}.....£40.00**
A skewer of tender lamb fillet with a skewer of fine marinated minced lamb
- 42. KEBAB BARG.....£35.00**
Skewer of tender grilled lamb fillet
- 43. KEBAB KOOBIDEH.....£40.00**
Two skewers of grilled fine minced lamb marinated
- 44. SHISH KEBAB{or 2 persons to share £70.00}.....£40.00**
Large juicy charbroiled chunks of marinated lamb fillet skewered with onions, with a skewer of fine marinated minced lamb
- 45. KEBAB BAREH{or 2 persons to share £70.00}.....£40.00**
Grilled lamb chops marinated in olive oil, onion and saffron, with a skewer of fine marinated minced lamb
- 46. KEBAB CHENJEH{or 2 persons to share £70.00}.....£40.00**
Marinated pieces of speciality cut lamb fillet, with a skewer of fine marinated minced lamb

➤ **KHORESHT (STEWES)**

{ served with rice }

- 47. KHORESHT E GHORMEH SABZI.....£40.00**
Stew of diced lamb fillet cooked in fresh herbs, onions, dried lime and red kidney beans
- 48. KHORESHT E GHAMEH BADENJAN.....£40.00**
Stew of diced lamb fillet cooked in aubergine, yellow split peas and dried lime
- 50. KHORESHT E FESENJAN.....£40.00**
Stew of tender chicken in a pomegranate and walnut sauce
- 51. KHORESHT E BAMIAH.....£40.00**
Stew of lamb with okra in a tomato sauce
- 52. ALOO SPINACH.....£40.00**
Tender chicken in a stew of prunes, spinach, onions and herbs
- 53. LAMB CURRY.....£40.00**
Tender lamb cooked in a mild curry sauce
- 54. CHICKEN CURRY.....£40.00**
Tender chicken cooked in a mild curry sauce
- 55. LAMB SHANK.....£40.00**
Lamb shank cooked in a sauce of tomato, saffron and lemon
- 56. LOOBIA POLO.....£40.00**
Steam-cooked rice, intermixed with broad beans & dill served with succulent lamb shank

➤ **BIRIANI**

{ served with salad and mixed with rice }

- 58. Chicken Biriani.....£40.00**
- 59. Lamb Biriani.....£40.00**
- 60. LAMB SHANK MACHBOUS{or 2 persons to share £75.00}.....£40.00**
- 61. Vegetarian Biriani.....£25.00**

➤ **VEGETARIAN DISHES**

{ served with rice }

- 63. KHORAKIAHI(green peppers, mushrooms, onions, courgettes and garlic in an olive oil).....£25.00**
- 64. KHORESHT BAMIAH(Stewed okra in a special tomato sauce).....£25.00**
- 65. KHORESHT FESENJUN(Pomegranate and walnut stew).....£25.00**
- 66. KHORESHT GHORMEH SABZI(Stew of fresh herbs, onions, dried lime and red kidney beans).. £25.00**
- 67. KHORESHT E GHAMEH BADENJAN (Stew of aubergine, yellow split peas and dried lime).....£25.00**

➤ **EXTRA RICE SELECTIONS & SIDES**

{ Extra orders }

- 68. WHITE RICE WITH SAFFRON.....£7.00**
- 69. SHIRIN POLO(Rice with Saffron, orange zest, honey and pistachios).....£8.00**
- 70. ZERESKH POLO(Rice mixed with Iranian barberries and saffron).....£8.00**
- 71. ADAS POLO(Rice with lentils and fried onion).....£8.00**
- 72. BAGHALI POLO(Rice with broad beans and fresh dill).....£8.00**
- 73. ALBALOO POLO(Rice with sour cherries)£8.00**
- 74. NAN (Hot home baked special bread).....£2.00**
- 75. CHIPS.....£5.00**

گوشت

با برنج و سالاد سرو می شود >

£40.00	40. کباب مخلوط..... { یا 2 نفر برای به اشتراک گذاشتن £70.00 }.
£40.00	41. کباب مخصوص (کباب برگ و کوبیده)..... { یا 2 نفر برای به اشتراک گذاشتن £70.00 }
£35.00	42. کباب برگ.....
£40.00	43. کباب کوبیده.....
£40.00	44. شیش کباب (با یک سیخ کوبیده)..... { یا 2 نفر برای به اشتراک گذاشتن £70.00 }
£40.00	45. کباب بره (با یک سیخ کوبیده)..... { یا 2 نفر برای به اشتراک گذاشتن £70.00 }
£40.00	46. کباب چنجه (با یک سیخ کوبیده)..... { یا 2 نفر برای به اشتراک گذاشتن £70.00 }

خورشت ها

با برنج سرو می شود >

£40.00	47. قرمه سبزی.....
£40.00	48. قیمه بادمجان.....
£40.00	50. فسنجان.....
£40.00	51. بامیه.....
£40.00	52. آلو اسفناج.....
£40.00	53. بره با کاری.....
£40.00	54. مرغ با کاری.....
£40.00	55. خوراک ماهیچه.....
£40.00	56. لوبیا پلو.....
£40.00	57. رشته پلو.....

بریانی

£40.00	58. بریانی مرغ.....
£40.00	59. بریانی گوشت.....
40.00£	60. استانبولی پلو با ماهیچه..... 2 نفر برای به اشتراک £75.00

خوراک های گیاهی

با برنج سرو می شود >

£25.00	61. بریانی گیاهی.....
£25.00	63. خوراک گیاهی.....
£25.00	64. بامیه.....
£25.00	65. فسنجان.....
£25.00	66. قرمه سبزی.....
£25.00	67. قیمه بادمجان.....

انواع پلو

£7.00	68. برنج زعفرانی.....
£8.00	69. شیرین پلو.....
£8.00	70. زرشک پلو.....
8.00£	71. عدس پلو.....
8.00£	72. باقالی پلو.....
£8.00	73. البالو پلو.....
£2.00	74. نان تافتون.....
£5.00	75. سیب زمینی.....

* Vat گنجانده شده است و هزینه خدمات اختیاری 12.5% به صورت حساب شما اضافه می شود *



پیش غذا

£15.00	1. سوپ عدس
£15.00	2. سوپ مرغ
£15.00	3. آش شله قلمکار
£15.00	4. آش رشته
£15.00	5. سالاد فصل
£15.00	6. سالاد شیرازی
£15.00	7. سالاد تیول
£12.50	8. سالاد الویه
£20.00	9. پنیر سبزی
£12.50	10. ماست موسیر
£12.50	11. ماست خیار
£12.50	12. ماست پورانی
£12.50	13. حلیم بادمجان
£12.50	14. میرزا قاسمی
£12.50	15. هوموس
£12.50	16. بابا قانوش
£12.50	17. کوکوسبزی
£12.50	18. جعفر بقور
£12.50	19. دلمه برگ مو
£12.50	20. خوراک لوبی
£12.50	21. زیتون
£12.50	22. ترشی

خاویار

(POA)

£23.00	23. خاویار سالمون دودی
£24.00	24. خاویار با میگو
£25.00	25. خاویار با تخم مرغ

با برنج و سالاد سرو می شود

غذاهای دریایی

£30.00	30. کباب ماهی سالمون
£30.00	31. ماهی کاد
£40.00	32. کباب ماهی سی باس
£45.00	33. کباب شاه میگو

با برنج و سالاد سرو می شود

مرغ

£40.00	34. جوجه کباب بدون استخوان
£40.00	35. جوجه کباب با استخوان
£40.00	36. جوجه کباب بختیاری
£40.00	37. کباب سلطانی (یک سیخ جوجه کباب و یک سیخ کباب کوبیده) {یا 2 نفر برای به اشتراک گذاشتن £70.00}
£40.00	38. تهچین (تهچین و یک سیخ جوجه کباب)
£40.00	39. زرشک پلو با مرغ

* آلرژی و عدم تحمل غذایی *

- لطفاً برای اطلاعات بیشتر درباره مواد آلرژی زا در مورد مواد تشکیل دهنده غذایی که ما سرو می کنیم ، از یکی از کارمندان ما بخواهید.

أطباق اللحم

تقدم مع رز زعفران وسلطة

£40.00	40- مشاوى مشكل. (أو لشخصين £70.00)
£40.00	41- سلطاني لحم (أو لشخصين £70.00)
£35.00	42- كباب برغ
£40.00	43- كباب كوبيدة
£40.00	44- شيش كباب. (أو لشخصين £70.00)
£40.00	45- ريش غنم. (أو لشخصين £70.00)
£40.00	46- كباب شينجه (او لشخصين £70.00)

أطباق مرق الدجاج ومرق اللحم

تقدم مع رز زعفران

£40.00	47- مرق سيزى
£40.00	48- مرق قيمة بالبادنجان
£40.00	49- مرق قيمة باللحم
£40.00	50- مرق دجاج فسنجون
£40.00	51- مرق بامية باللحم
£40.00	52- مرق دجاج الو اسفناج
£40.00	53- مرق لحم كاري
£40.00	54- مرق دجاج كاري
£40.00	55- مرق قوزى لحم
£40.00	56- لوبيا بولو
£40.00	57. رسته پلو

أطباق البرياني

£40.00	58- برياني دجاج
£40.00	59- برياني لحم
£40.00	60- مكبوس لحم (او لشخصين £75.00)

المأكولات النباتية

تقدم مع رز زعفران

£25.00	62 برياني خضروات
£25.00	63 مرق خضروات
£25.00	64 مرق بامية
£25.00	65 مرق الفسنجون
£25.00	66 مرق قرمة سيزى
£25.00	67 مرق قيمة بالبادنجان

أنواع أطباق الرز

أطباق إضافية

£7.00	68- رز أبيض مع الزعفران
£8.00	69- رز بالفستق وقشر البرتقال
£8.00	70- رز بالزرشك
£8.00	71- رز بالعدس
£8.00	72- رز بالشبث والبقول الأخضر
£8.00	73- رز بالكرز
£2.00	74- خبز تنور ايراني
£5.00	75- بطاطا مقلية

الحساسية الغذائية

- يرجى سؤال أحد أعضاء فريق العمل لدينا لمزيد من المعلومات عن المواد المسببة للحساسية حول المكونات في الطعام الذي نقدمه .

المقبلات

1- شوربة عدس	£15.00
2- شوربة دجاج	£15.00
3- شوربة آش شله قلمكار	£15.00
4- شوربة آش رسته	£15.00
5- سلطة الفصّل	£15.00
6- سلطة شيرازى	£15.00
7- تيولة	£15.00
8- سلطة اوليفيه	£12.50
9- جبنة الخضروات	£20.00
10- ماست موسير	£12.50
11- ماست خيار	£12.50
12- ماست بورانى	£12.50
13- كشك بادنجان	£12.50
14- ميرزاغاسمى	£12.50
15- حمص	£12.50
16- متبل بابا غنوش	£12.50
17- كوكوسيزى	£12.50
18- كبدة غنم	£12.50
19- ورق عنب	£12.50
20- فول مدمس	£12.50
21- زيتون مخلل	£12.50
22- طرشى	£12.50

أطباق الكافيار

{السعر عند الطلب}

23- كافيار مع بيض
24- كافيار مع سلمون مدخن
25- كافيار مع روببان

تقدم مع رز زعفران وسلطة

المأكولات البحرية

30- سمك سلمون	£30.00
31- سمك قود	£30.00
32 سمك سيباس	£40.00
33- روببان مشوى	£45.00

تقدم مع رز زعفران وسلطة

أطباق الدجاج

34 تكا دجاج بدون عظم	£40.00
35 تكا دجاج مع العظم	£40.00
36- دجاج بختيارى	£40.00
37- سلطانى دجاج (أو لشخصين £70.00)	£40.00
38 دجاج تاتشين	£40.00
39- زرشك دجاج	£40.00

*القيمة الضريبية مشموله وسيتم إضافة رسوم خدمة تقديرية بنسبة 12.5% إلى الفاتورة *

Red wine

- **Wine by the glass is served on these premises in measures of 125 ml and 175 ml, or in multiples of those quantities.**
- **Gin, rum, vodka and whisky are served on these premises in 25 ml measures or in multiples of 25 ml.**

<u>Vintage</u>	<u>wines</u>	<u>country</u>	<u>price by glass</u>	<u>price by bottle</u>
			(Half glass £5.00)	
2020	Brunel Gardine Cotes Du Rhone	France	£ 6.50	£ 28
2017	Vondeling Monsonia Shiraz	South Africa	£ 6.50	£ 28
2020	Finca Amalia Rioja	Spain	£ 6.50	£ 28
2020	Signal Cannon Merlot	South Africa		£ 28
2019	Denis Chateau du Grand Barrail	France		£ 30
2019	Terre Valgrande Valpolicella Ripasso	Italy		£ 36
2018	Familia Ramos Gritos Estate Malbec	Argentina		£ 39
2017	Chianti Palazzo Riserva	Italy		£ 40
2015	Chateau Artigues Pauillac Bordeaux	France		£ 46
2019	Alain Gigondas Terrasses de Montmirail	France		£ 52
2015	Chateau Enclos Haut Mazeyres Pomerol	France		£ 55
2018	Terre Della Amarone – Verona	Italy		£ 60
2018	Quinta Da Touriga Cha – Douro	Portugal		£ 70

White wine

- Wine by the glass is served on these premises in measures of 125 ml and 175 ml, or in multiples of those quantities.
- Gin, rum, vodka and whisky are served on these premises in 25 ml measures or in multiples of 25 ml.

<u>Vintage</u>	<u>wines</u>	<u>country</u>	<u>price by glass</u>	<u>price bbottle</u>
			(Half glass £5.00)	
2020	Monte Di Cello Pinot Grigio Bianco	Italy	£ 6.50	£ 28
2021	Vondeling Sauvignon Blanc	South Africa	£ 6.50	£ 28
2021	Vondeling Chardonnay	South Africa	£ 6.50	£ 28
2021	Terre Di Valgrande Soave	Italy		£ 32
2020	Cave de Prissé Macon Prissé	France		£ 39
2019	Cave de Saint Veran Les Pierres	France		£ 42
2020	Jean Pascal Bourgogne Chardonnay	France		£ 60

<u>Vintage</u>	<u>Rosé</u>	<u>country</u>	<u>price by glass</u>	<u>price by bottle</u>
			(Half glass £5.00)	
2022	Vondeling Rosé	South Africa	£ 6.50	£ 28
2021	Chateau L'Arnaude Nuit Blanche	France		£ 36

➤ Champagne/Prosecco

<u>champagnes</u>	<u>country</u>	<u>price by glass</u>	<u>price by bottle</u>
➤ Romeo Prosecco Spumante	Italy	£ 7.00	£ 35
➤ Michel Mailliard Cuvée Gregory	France	£ 9.00	£ 75
➤ Bollinger Special Cuvée	France		£ 150

➤ Spirits

➤ <u>Lager Beers(330ml)</u>	<u>prices</u>
Moretti	£ 5.50
Peroni	£ 5.50
➤ <u>Whisky(50ml)</u>	<u>prices</u>
Jonnie Walker Red	£ 6.50
Jameson	£ 6.50
Jack Daniels	£ 6.50
Glenfidich 12 years	£ 6.50
➤ <u>Brandy(50ml)</u>	<u>prices</u>
Remy Martin VSOP	£ 6.50

<u>Fresh Juices</u>	<u>prices</u>
Orange juice	£ 8.00
Apple juice	£ 8.00
Dough (Yogurt drink)	£ 5.00
Carrot juice	£ 8.00
Pomegranate juice	£ 10.00
Melon juice	£ 10.00
Water Melon juice	£ 10.00
Cocktail Juice	£ 10.00

<u>Waters,Sodas</u>	<u>prices</u>
Small Evian (330ml)	£ 3.50
Large Evian (750ml)	£ 4.50
Small Perrier (330ml)	£ 3.50
Large Perrier (750ml)	£ 4.50
Cola,Diet Cola	£ 3.95
7up,Miranda	£ 3.95

<u>Teas</u>	<u>prices</u>
Persian tea	£ 3.50
Fresh Mint tea	£ 3.50
Green tea	£ 3.50
Peppermint tea	£ 3.50
Cinamon tea	£ 3.50

<u>coffees</u>	<u>prices</u>
Espresso	£ 3.00
Double Espresso	£ 3.50
Black Americano	£ 3.50
Latte,Cappuccino	£ 4.50

DESSERTS

❖ Melon and Ice Cream£ 10.00

❖ Custard and Banana.....£ 10.00

❖ Banana and Ice Cream.....£ 10.00

❖ Selection of Traditional Pastries.....£ 10.00
- Please ask our staff for more details

❖ Iranian Ice Cream.....£ 10.00

❖ Falouda.....£ 10.00

❖ Cheese Cake.....£ 10.00

❖ Choclote Gateau.....£ 10.00